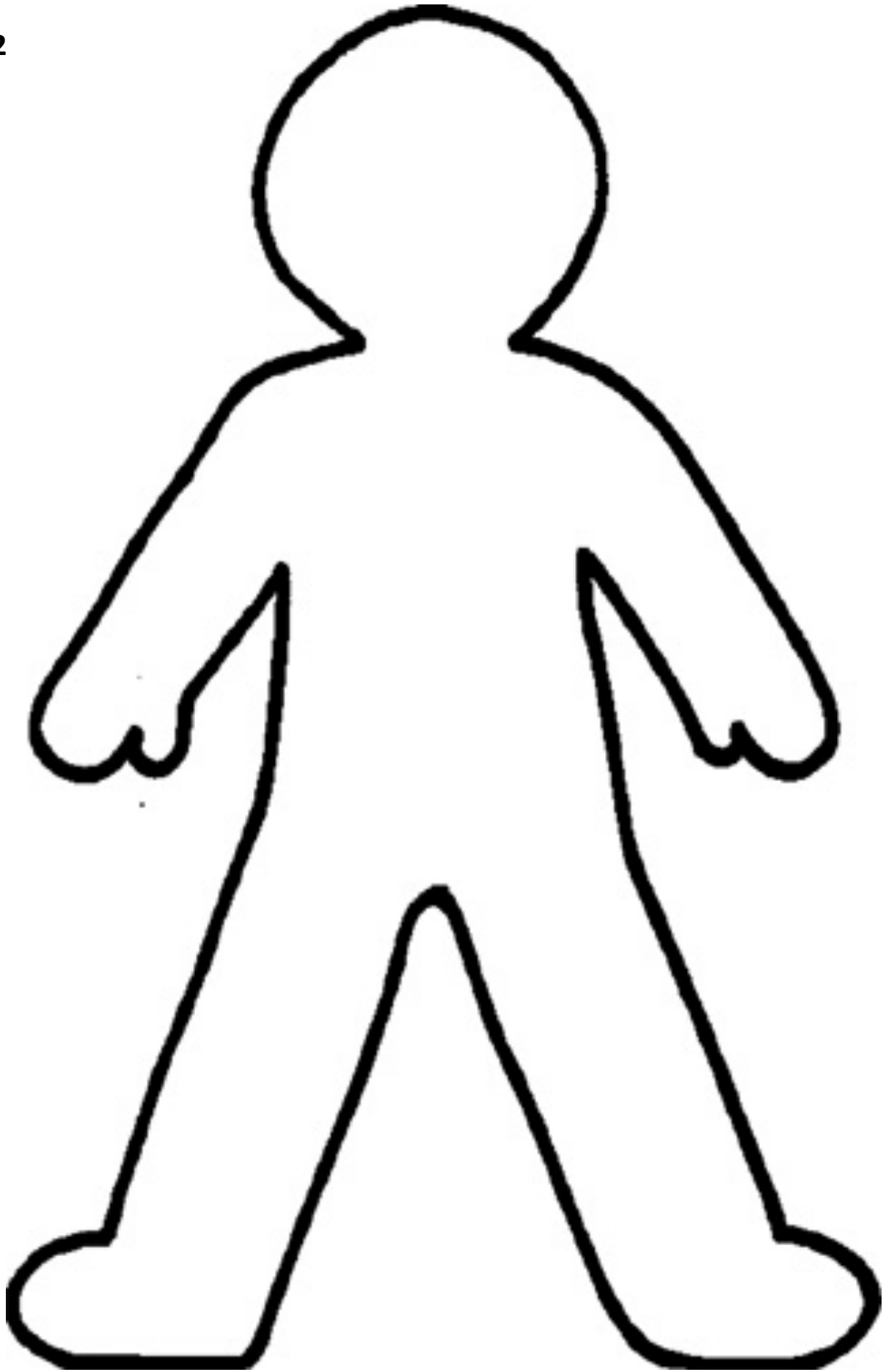


Read Ephesians 4:17-32.

Illustrate the image to represent your “old self”, using words from the text.



Read Ephesians 4:17-32 again.

Illustrate the image to represent your “new self”, using words from the text.

O

N

L

E

D

W

S

S

E

E

L

L

F

F

Write adjectives beginning with each letter to describe the old self and new self.

Pray for God's help to "put off your old self" ...
"and to put on the new self" each day.