

Read or listen to Matthew 4:1-11

After Jesus was baptised by John, He went into the desert to fast and pray. He ate nothing at all for 40 days and was very hungry. Then Satan came to Him and told Him all sorts of lies to try and tempt Him to do the wrong thing and to sin.

Each time, Jesus used the Sword of the Spirit, which is the Word of God to overcome Satan. Jesus won each time and Satan was beaten and had to leave Jesus alone.

Sometimes things can make us feel sad, or worried, or scared. Sometimes we can doubt what we know is true. Sometimes we're tempted to do wrong and bad things and sometimes we get angry and want to be mean or nasty.

Print and cut out all the 'Feelings Faces' on Idea 1. Page 2.

Spend some time looking at the faces together.

When have you sometimes felt like this? Think about what makes you worried, or scared, or angry, or.....

What should we do?

Jesus used the Word of God to fight back and overcome.

Look in the Bible and read or listen to these verses. Take it in turns to each try to match the verse with the 'Feelings Faces'? and then think how God's word can help us with the way we are feeling.

John 14:1

1 Peter 5:7

Philippians 4:6

Psalms 37:8

Luke 6:31

Deuteronomy 31:8

Psalms 56:3

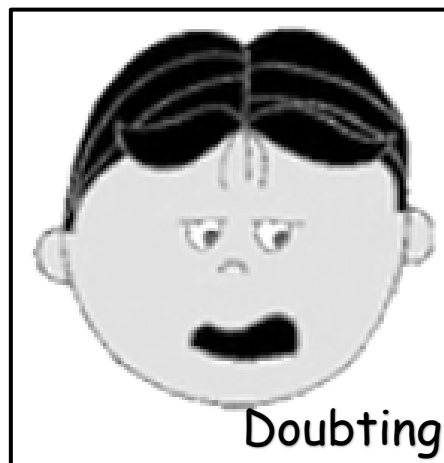
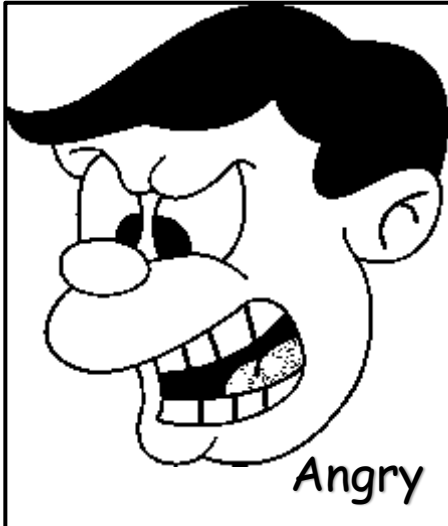
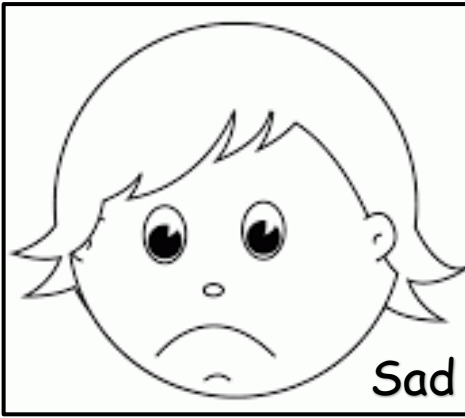
James 4:7

1 Corinthians 10:13

Proverbs 3:5

Lamentations 3:24 (NLT)

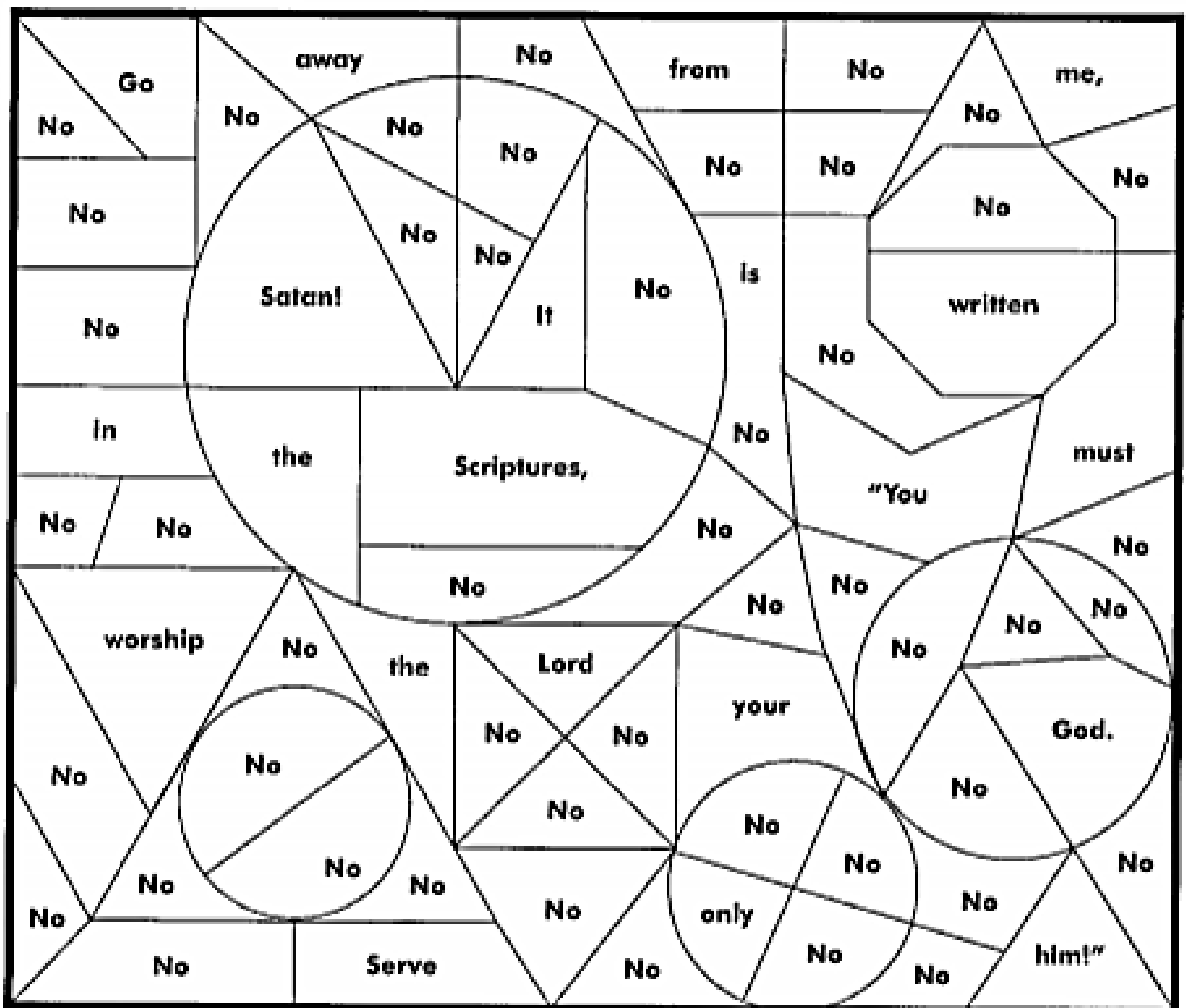
Feelings Faces - Matching Game



THE TEMPTING OF JESUS

Matthew 4:1-11

Jesus was led by God's Spirit into the desert to spend time praying. He ate nothing for 40 days and nights. When he was very hungry, Satan tried to tempt him with food. Jesus said, "No!" Then Satan tried to make him prove that he was God's Son. Jesus said, "No!" Then Satan promised to give Jesus power if he would bow down to him. Jesus said, "No!" Find the other words that Jesus used to send Satan away by coloring all the spaces containing the word "NO."



JESUS is tempted

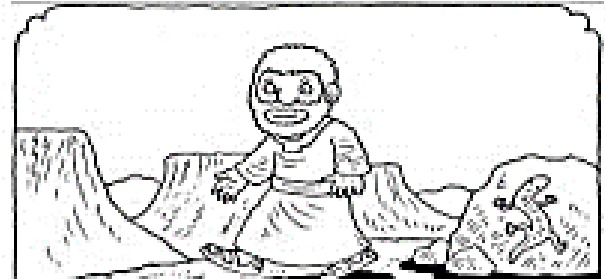
Print Free: www.lambsongs.co.nz

By Jill Kemp

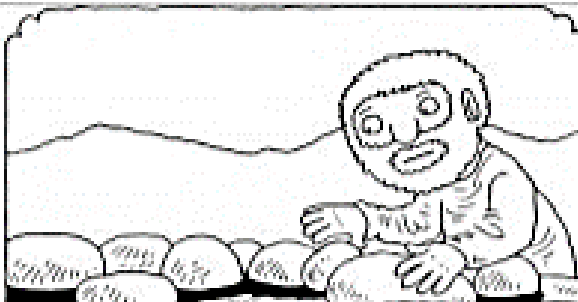
Illustrated by Richard Gunther



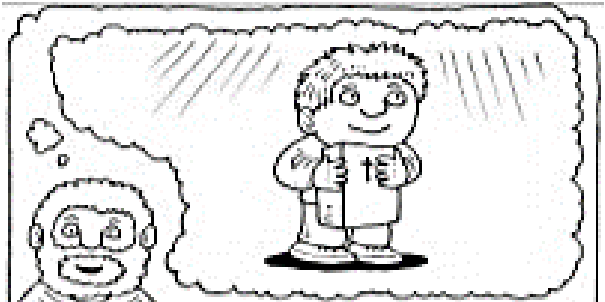
Jesus was human just like us and was free to choose to do what was good and right, or what was wrong. Jesus always chose to do what was right.



After he was baptized in the river Jordan by John the Baptist, Jesus went into the wilderness for forty days and forty nights to spend time quietly by himself, fasting and praying.



After forty days without anything to eat Jesus was feeling hungry. The devil suggested that Jesus use God's power to turn some stones into bread.



But Jesus refused saying, "It is written in the Scriptures that a person's life is more than just eating food." Real strength and satisfaction comes from obeying God's Word.



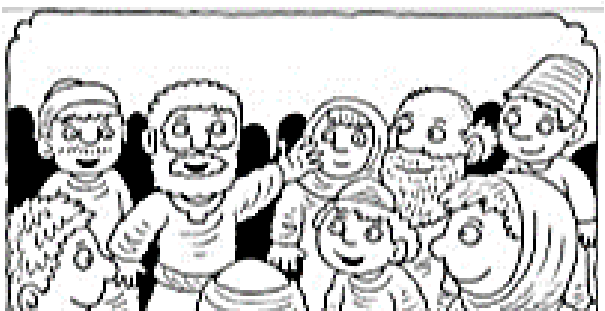
The devil tried to tempt Jesus again. "Throw yourself off a high place because God has said that the angels will catch you." Again, Jesus did not do what the devil told Him.



Jesus said, "It is written, don't test the Lord your God." The devil knew what God's Word said. Jesus chose to do what was right. A God you trust does not need to be tested.



Then the devil showed Jesus the power and wealth of all the kingdoms in the world. "The power of these kingdoms is mine to give if you will bow down and worship me," he said.



"Get away from me Satan," Jesus commanded. "God is the only one you must worship." Jesus resisted temptation and made right choices. Then he began to teach and heal people.